

# NWRC Example Rally

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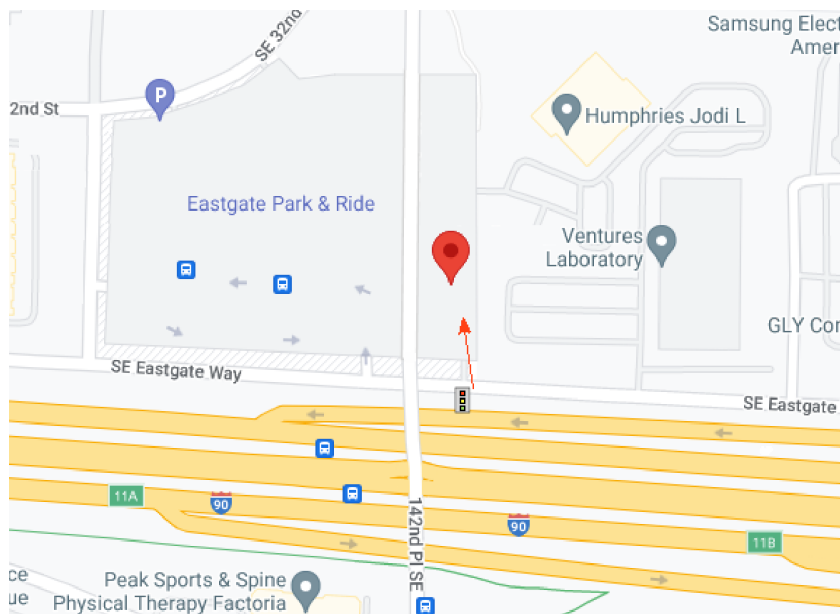
Try an example of what a Northwest Rally Council Friday Nighter event is like. This short rally has been written to provide an introduction to our route instruction format, teach some basic definitions, and demonstrate the workflow used to compete in one.

Start by downloading and printing out the General Instructions. Give them a read as these are the 'rules' that we rally by. Pay special attention to Section 8 (DEFINITIONS) as these are important to understanding the Numbered Route Instructions and Section 3 (THROUGH ROUTE DETERMINANTS) as they explain how we follow the main road.

Next download and print the Example Rally NRI's, if you haven't already. These are the instructions you use to follow the route and find the checkpoint. A printed copy is handy, allowing you to cross off instructions as they are completed.

All our Friday Nighter Rallies start from the Eastgate Park & Ride off of I-90 in Bellevue. Normally we would all meet here on a Friday evening before 7:00pm. You would register, get your car number and instructions. For this example we're skipping this bit and you get to run this event on your own schedule and can run it as many times as you like. Just come to the Park & Ride with the instructions in hand. Pick an out time to start the rally (usually starting at the top of a minute \_\_:\_\_:00). Write this time down as it is important later when you arrive at the end of the transit and at the checkpoint. Now just follow the NRI's.


Here is the location of the Eastgate Park & Ride:







Eastgate Park & Ride - 14200 SE Eastgate Way, Bellevue, WA 98007  
47.580500, -122.150944

## NWRC Example Rally (written March 2023)

This rally is a little sample of a NWRC Friday Nighter rally. You start from the Eastgate Park & Ride. We will not be using any gravel, private or dead end roads. Zero your odometer at the signal leaving the parking lot. Leave when you are ready, but make note of your time as that is your official outtime. Try to make it the top of a minute. ( \_\_:\_\_:00 )

<u>NRI</u>	<u>ODO</u>	<u>INSTRUCTION</u>	<u>COMMENT</u>
1	0.00	L AT SIGNAL BEGIN 25 MINUTE ODOMETER TRANSIT ZONE TO NRI 21	<i>(Leave the Park &amp; Ride by turning Left at the signal. Once you leave the parking lot, you have 25 minutes to get to the sign at Numbered Route Instruction 21. Plenty of time has been allowed to get there. Stop at NRI 21 and wait out any time you have left of the 25 minutes. Your timed section starts there once the 25 minutes is up. Be sure to zero your trip odometer here.)</i>
2	0.46	R AT SIGNAL (148th Ave SE)	<i>(The mileage in the left column is the official measured mileage for each instruction in the odometer check. There may be multiple references that match the instruction, but you must use the one closest to the mileage.)</i>
3	0.65	BR ONTO 90 TOWARD SPOKANE	<i>(<b>BR</b> means <b>B</b>ear <b>R</b>ight which is a slight turn of less than 90 degrees. We are now ONTO I-90 Eastbound until NRI 8)</i>
4	1.79	AT "CLICK-IT OR TICKET!" move left two lanes to continue ON 90 TOWARD SPOKANE	<i>(Move out of the exit only lanes. Normally we don't have to instruct you to do this since you are ONTO 90. You would need a specific instruction to take you off the ONTO 90)</i>
5	5.83	OBSERVE "ISSAQUAH SAMMAMISH NEXT 2 EXITS"	<i>(It is good idea to write down what your odometer reads for each of these references. It might come in handy at the end of the odometer transit)</i>
6	8.06	OBSERVE "SPEED LIMIT 70"	
7	10.51	"Preston Fall City 1 MILE"	<i>(We don't always use OBSERVE, but this is implied here)</i>
8	11.58	BR AT Exit 22	<i>(Here is the first instruction that takes us off of I-90 Eastbound. We are no longer ONTO I-90)</i>
9	11.85	L AT STOP	
10	12.01	R AT "YIELD" (SE HIGH POINT WAY)	
11	12.27	"  "	<i>(This is a 25mph zone and you should obey it)</i>
12	12.66	"YOUR SPEED"	<i>(Radar Speed Sign is pretty accurate. How close to 25mph is your speedometer?)</i>

- 13 12.98 "SPEED LIMIT 45"
- 14 13.79 "  "
- 15 14.25 "NARROW BRIDGE"
- 16 14.33 NARROW BRIDGE
- 17 15.34 KEEP R AT 328th Way SE MBCU
- 18 16.08 OBSERVE "  "
- 19 16.45 BR AT STOP MBCU
- 20 16.60 R 2ND OPP ONTO 203
- 21 16.73 END ODOMETER TRANSIT ZONE AT "  " CAST 33
- 22 CAST 54 AT "SPEED LIMIT 55"
- 23 CAST 52 AT "SE 3rd St" SOL
- 24 R AT NE 11th St CAST 24
- 25 BL FIRST OPP MBCU (Comes up quickly)
- 26 AT STOP CAST 53 PAUSE 15
- 27 CAST 30 at "  "
- 28 L AFTER "COMPRESSION BRAKE USE" ONTO TOLT HILL RD
- (There may be more than one of these signs. Find the one that is closest to the mileage given)
- (Here we have a sign reference for a narrow bridge)
- (Here we have the physical object of a narrow bridge. Important to understand the difference)
- (This instruction May Be Considered Unecessary to keep you on the through route. It is just here to help you along the route)
- (Once you enter the roundabout, take the second opportunity to exit to the right)
- (Stop here before the sign and wait out any remaining transit time you have. Read your odometer and compare it to the official mileage. You can calculate how far off your odometer is and thus how far off your speedometer is. When you leave this spot, you will Change Average Speed To 33 mph)
- (At the sign, change your average speed to 54 mph)
- (Sign On Left side of the road.)
- (Don't go straight down the gravel road ahead of you since the TROUGH ROUTE here goes left due to the backward facing stop sign)
- (Here we give you 15 extra seconds to get pulled out onto 203 and get up to speed. Use it or burn it off by waiting it out. Since this 15 seconds is in the official calculations you do need to use it all or you will be early into the next checkpoint)
- (We are looking for the next left turn option 'after' this sign, in this case it is NE Tolt Hill Rd)

- 29 L ONTO W SNOQUALMIE RIVER RD CAST 33 *(This is a long road and a good chance to work on a steady average speed)*
- 30 R AT "SE 19 WY" MBCU *(The road T's out here, but the road to the left is a DEAD END. The THROUGH ROUTE goes to the right.)*
- 31 R AT T CAST 30 *(The road T's out with options to go Left or Right. Without an instruction there is no THROUGH ROUTE and you can't proceed using the THROUGH ROUTE DETERMINANTS. Now you should go Right)*
- 32 0.66 miles API, BL ONTO 308th Ave SE SOL CAST 24  
(Road and sign are hard to see) *(after you make the right at the previous instruction, this BL comes up 0.66 miles After Previous Instruction)*
- 33 S AT STOP MBCU PAUSE 15 CAST 32 *( Crossing SE Redmond-Fall City Rd. If you got to the stop before you did the BL on 308th, you missed it and should go back and find it. You should not find yourself ON SE Redmond-Fall City Rd)*
- 34 L 1st OPP CAST 33 *(Don't get fooled by the private roads and DEAD END, they don't count. Keep going until you get to Issaquah Fall City Rd)*
- 35 R ON 328<sup>th</sup> CAST 28
- 36 ACUTE LEFT ONTO PRESTON FALL CITY RD PAUSE 20 CAST 43 *(more than a 90 degree LEFT, remember to use up all of that 20 seconds)*
- 37 CAST 28 AT "  " *(Look familiar?)*
- 38 BR AT STOP MBCU PAUSE 15
- 39 R 2ND OPP ONTO 203
- 40 CHECKPOINT AT " Fall City Bistro " *(Pull over and stop at this sign and note your arrival time here. Yes, you are right back where you started from. Hope you had fun and feel free to run it again!)*

You should have arrived at this CHECKPOINT at exactly 32.47 miles at 52:53 from the time you started the ODOMETER TRANSIT ZONE at the Park & Ride. 16.73 miles and 25 minutes for the transit, then 15.74 miles and 27:53 for the rest of the leg. If you were close to that, CONGRATULATIONS! If you were a wee bit off, try it again from NRI 21 and see if you can get closer to that 27:53. Good Luck!